

IMPORTANT DATES

December 14th, 2009

Call for Proposals released

January 15th, 2010

Applications are due by 4:30 pm

January 29th, 2010

Successful projects notified

CRITERIA

IMAGINE grants are used to fund projects that:

Will last - your project has a good chance of living on after the funding ends

Will make a difference - your project will broadly impact your community in a positive way

Will reduce health inequities - your project will help those who are disadvantaged or marginalized improve their access to opportunities for better health

Will build relationships - your project will enhance how people connect to each other and their community

Will support collaborations - your project will encourage different groups to work together toward a common goal

Will improve health - your project will reduce the risks and impacts of chronic illnesses and injuries through education, awareness and action

IMAGINE grants can not fund:

Purchases of food (food banks, snacks for existing programs)

One time, short-term events

Questions?

Need more info? Contact us at:

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Fax (250) 612-0810

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IMAGINE

Healthy Northern Communities Grants

HEAL * Injury Prevention * RoadHealth
HEAL for Your Heart

Northern Health offers a number of small grants to support community organizations in their work of promoting healthy citizens and healthy communities. The combined investments of community energy, forethought and commitment, and Northern Health's financial support can create lasting and effective improvements to the health and wellbeing of those living, working, learning and playing in Northern BC.

If you are a community group or organization within the Northern Health region with an idea that fits the IMAGINE Grants criteria, you are eligible to apply.

Applying is easy. You can apply on-line or fax us your application form. The application is laid out so that you can tell us about the good work you are already doing, what you know about your community and its needs. Then it asks you to answer the following questions:

Who? Tell us about your group or organization and what brings you together. Who will be accountable for handling your seed grant funding?

What? Tell us about your dream, your idea, or the program you need funded.

Where? Tell us about your community, not just where you live, but what challenges and opportunities you face in realizing your goals.

When? What are the start and end dates for when the funding will be used?

How? How much funding will you need? How will you spend the money? How will it Improve Safety and Reduce Injuries, or increase Healthy Eating or Active Living in Northern BC?



IMAGINE

Healthy Northern Communities Grants

HEAL Grants are open to groups within Northern Health looking to take charge of Healthy Eating & Active Living in their communities and make sustainable changes to improve health outcomes.

Proposals may include ideas for increasing food security, community gardening, food preparation and preserving skills, active living and healthy lifestyles.

\$2,000 Maximum (10 available) for HEAL grants to fund prevention-based strategies that combine evidence and 'outside the box' approaches for reducing risks associated with diabetes, cardiac and vascular diseases, obesity and cancer.

Injury Prevention Grants support activities and initiatives that promote safety and the prevention of injuries within Northern Health

Successful proposals will:

- Incorporate best-practice injury prevention initiatives into existing projects and activities.
- Take action to raise awareness and prevention of one of the following:
 - (a) *\$1,000 Maximum available for Head and Spinal Cord Injuries to children and youth.* For ideas see www.thinkfirst.ca or http://www.thinkfirst.ca/chapters/in_bc.aspx
 - (b) *\$1,000 Maximum available for Seniors' Falls Prevention in Community*

RoadHealth grants are available to community-based groups within RCMP North District for road safety. Prevention projects can target drivers, cyclists, pedestrians, school children or workers. Proposals will focus on reducing the north's high incidence of injury and fatality due to motor vehicle crashes in the north, including ATV and other motorized vehicles. Activities can include education and awareness campaigns, events such as school safety days or bicycle rodeos, or campaigns to target issues in a specific area, such as child restraint training or proper helmet use. Priorities include First Nations and remote community groups. Partnerships with other agencies are encouraged.

Go to www.roadhealth.org to see successful projects from previous years.

\$5,000 maximum (6 grants available)

HEAL for Your Heart grants are aimed at communities within Northern Health to provide education and skill building to prevent cardiac and vascular diseases and/or secondary health problems for people already diagnosed as being at risk for, or experiencing cardiac and vascular conditions. Successful applicants will demonstrate how education, activity and healthy nutrition choices can work together to reduce risk.

Pending Funding Confirmation